



Women's ONE-Hundred

Celebrating 10 years of W-100!



2024 W-100 Luncheon

Each year, a collective of 100 philanthropic women come together to transform their individual \$100 donations into something extraordinary. As Women's One-Hundred celebrates its tenth anniversary, we reflect with gratitude and pride on how this group has evolved into one of the most impactful fundraisers at LCRC. When women unite for a shared purpose, remarkable achievements unfold!

Through W-100, we have successfully raised more than **\$90,000** for special initiatives that have a direct positive effect on the lives of the clients we serve.

“Fostering safety, hope, and healing through advocacy, intervention, and education.”

In this edition:



**Break the Silence
Memorial Display**
October 1-15, 2025



Women's ONE-Hundred



Give to the Max Day
November 20, 2025

**Donate
online**



Check out our website:
www.lakescrisis.com

 Find us on
Facebook

Circle of Angels

Our Circle of Angels is an exceptional group of generous donors who partner with the Lakes Crisis and Resource Center through a reliable monthly contribution. These essential gifts ensure the ability to continue offering direct services to men, women, and children who are victims of domestic violence, sexual assault, and general crime.

Your monthly contribution of \$25, \$50, \$100, or any amount can make a significant impact by providing support groups for children in local schools, emergency shelter for families escaping domestic violence, access to a 24/7 Crisis Hotline, or essential items for our shelter, including diapers, formula, personal hygiene products, clothing, shoes, groceries, and school supplies.

Joining the Circle of Angels is a straightforward process, and your contributions are tax-deductible. You have the flexibility to select your donation amount and preferred payment method; after that, we'll take care of everything else. If you are ready to get started or have more questions, call Stephanie at 218-847-8572.

Back to School

As August approaches once more, it's time to gear up for the back-to-school season! Our staff often reminisce about the countless summers when our shelter's namesake, Mary Newman, would visit to take the children living in the shelter on school shopping trips. It was always such a joyful time and Mary believed that every kid deserved to start the school year out on the right foot with new clothes and shoes.

We are upholding this tradition by seeking "Back to School Sponsors" for the school-aged children currently living in our shelter. If you would like to be a sponsor, please reach out!



Womens ONE-Hundred *Continued...*

Thanks to the 2024 W-100 project, we established our Companion Care Fund. A staggering 71% of domestic violence victims report that their abuser has threatened, harmed, or even killed a cherished family pet.

Many individuals suffering from abuse hesitate to leave a violent relationship if it means they need to leave their pet behind. This dedicated fund eliminates that obstacle by covering emergency pet boarding and veterinary visits for the pets of women and children escaping domestic violence.

We invite you to become ONE of ONE-Hundred women who will make a difference in 2025 for LCRC! By standing together as ONE for this common mission, you join a dedicated group of women that make a significant impact in the lives of those in need.

Join us now to secure your invitation to the annual Women's One Hundred Luncheon being held on September 17th. You do not want to miss this opportunity to mingle with other amazing W-100 members as we unveil the special project that will be funded in 2025.

For more information or to join W-100, check out our website or call Stephanie at 218-847-8572. We look forward to being ONE with you!

www.lakescrisis.com/w100



 Lakes Crisis & Resource Center

Upcoming Events

 Lakes Crisis & Resource Center
Presents:



MINNESOTA VICTIMS OF DOMESTIC VIOLENCE
SEPTEMBER 2024-AUGUST 2025
**BREAK THE SILENCE
MEMORIAL DISPLAY**

Available for viewing
October 1-15, 2025
Detroit Lakes City Park
1355 Washington Ave.

Break the Silence Memorial Display is a visual representation of Minnesota's victims of intimate partner homicide. Each silhouette represents someone's child, parent, sibling, husband, wife, partner, friend, neighbor, or co-worker. Come to Detroit Lakes City Park to learn about, remember, and honor each victim.



We have a very busy fall season planned.
We hope you can join us!

give TO THE **MAX** 
Nov. 20, 2025

2025
Festival
OF TREES 

November 21, 2025

Spotlight on Staff

Get to know —Samantha Goodwin.

I work as a Crime Victim Advocate at Lakes Crisis and Resource Center, and I truly love what I do. Helping people in my community through tough times is something I'm really passionate about. Outside of work, life is busy (in the best way!) with my three kids, who are 14, 11, and 4. They keep me on the go with all their sports and activities. I love being outside, spending time with my kids, and watching them play the sports they're passionate about—it's definitely one of my favorite things to do.



Summer Happenings

Wake the World

Jamie and Dave Swenson once again hosted an incredible day of fun at Pelican Lake during their Wake the World MN/ND event. The kids supported by our agency, along with their siblings or friends, are invited to this fantastic experience, which includes wakeboarding, tubing, swimming, and boating. Each year, the kids proclaim that this is the best day of their summer!



2024 Wake the World
Pelican Lake, MN

A heartfelt thank you goes out to everyone who contributes to making this day a success, including sponsors, donors, volunteers, boat owners, and anyone else who had a hand in this event.

Lake Melissa Ride for a Cause



The Buchholz and Hathaway families have shared a neighborly bond on Lake Melissa for nearly a century! This year, they chose to transform their usual summer fun into a meaningful event. The Lake Melissa Ride for a Cause is a bike ride that circles Lake Melissa, uniting the community to raise funds for LCRC. We feel privileged to participate in this incredible event and are truly thankful for the efforts these families have put forth to create a positive impact in Detroit Lakes!

Girls Empowerment and Wellness Group

Did you know that our team offers support groups in local schools? Throughout the academic year, we have witnessed hundreds of students grow and benefit from these groups. Since many students miss the support of school staff, teachers, and peers during the summer, we have long aimed to expand our offerings and provide year-round support. This summer, we achieved that goal by establishing our Girls Empowerment and Wellness Group for teen girls.

This group offers a safe and inviting environment for girls to connect, share, and grow together. As they navigate challenges related to stress, self-esteem, and friendships, members support one another, boost their confidence, and discover strength through their connections.

LCRC takes great pride in providing this service to the community, with hopes of expanding summer groups to reach even more students in the future.



Girls Empowerment and Wellness Group