THE ADVOCATE

2012, 1st Quarter

LAKES CRISIS & RESOURCE CENTER

22nd Annual Banquet — March 9th



ARCHIE!!!!

Remember that piercing voice as Edith Bunker screamed throughout the house to her beloved Archie? Those two American icons will make a comeback March 9th at Lakes Crisis and Resource Center's 22nd Annual Banquet in Detroit Lakes. Besides featuring Meathead's in-laws, the theme, "All in the Family" will involve other regional "characters" as we celebrate the difference we can make in hundreds of families' lives.

The event's volunteer creative director, Kathy Michaelson promises a hilarious approach to supporting this life saving organization. Our favorite police chief is lined-up to rock and roll later in the evening with dance music, Tim Eggebraaten. Event co-chair, Kari Williams and her team will have a host of silent and live auction items for you to bid on. A gift from Price's Fine Jewelry, WE Fest tickets, a vacation in Mexico, a high top table and chairs for your patio bar, and pontoon parties are just a few of the items that will be auctioned off by Jerome Tappe or offered as silent auction items.

Your donations will support efforts in local schools as well as at the new LCRC that is home to Mary's Place. Since it opened last summer, the shelter for women and children victimized by sexual or domestic violence has been busy providing not only quality shelter but also counseling through the on-staff mental health professionals.

Reserve your ticket for March 9th now before it's too late (we have sold out in previous years). Your \$45 ticket price will cover the complete sit-down dinner, entertainment, a chance to bid on a long list of auction items and re-connect with hundreds of friends. The doors will open at 5:30 p.m. for the silent auction and cash bar. Dinner, entertainment and the live auction will follow with the dance planned to cap off the night at the Speak Easy. Give us a call at the Lakes Crisis Center today at 218-847-8572 to reserve your ticket to FUN!

Giving Hearts Day — February 14th

Double your gift to Lakes Crisis & Resource Center on **February 14th**. For ONE DAY only, Dakota Medical Foundation will provide matching funds made to LCRC.

Follow these steps:

- 1. www.impactgiveback.org
- 2. Search for Lakes Crisis & Resource Center
- 3. Click "Donate Now"

Share your heart with those in need in our community.

A Child Needs YOU!



Inside this issue:

		April Awareness	3
Ellie's Story - Mary's Place Resident	2	Wish List	3
Director's Desk	2	Volunteers	3
Legal Services	3	New Logos	4



"I tell my children, there are angels among us!"

Ellie's Story

"I don't have to have a baseball bat at the door, worried about who is going to show up."

Those are the words of Ellie, a survivor of domestic violence who is temporarily living at Mary's Place in Detroit Lakes with her four children. Ellie (not her real name) moved to the lakes area because she said it holds so many opportunities for her and her children. The older girls are attending

school and recently came home with good report cards. Ellie is proud of the sobriety she has obtained as well as a new a job. She hopes to



land a second job to increase her take home pay.

"I realized that if I want something, I've got to get up and get it!" she said. At one point that attitude motivated her to walk two miles to work each morning. Thankfully, she has since bought a used car.

Doctors recommended she and her children move to the shelter for a short stay in order to get back on track after she experienced panic attacks. Those attacks were brought on by memories of being beaten in front of her children by her former boyfriend while pregnant with her youngest child. She says her son is a rape baby but she loves him just as much as she loves her other children. She lives in fear that her attacker may find her but she has gained strength from the people at Mary's Place whom she calls her "angels".

> "I tell my children, there are angels among us! This place has made a huge difference in our lives. The people are good at what they do. They are here to listen, not to judge me. This is the angels' house," she emphasized. "They keep

your confidence up. I couldn't ask for anything more. I've never felt so comfortable and safe. "

Ellie is benefitting from weekly psychiatric sessions with professionals at Lakeland Mental Health as well as support from trained advocates at the Lakes Crisis and Resource Center.

"I can't tell you in words how thankful I am for Mary's Place. I'm crying happy tears not sad tears!"

From the Director's Desk

Once again I need to ask for your support! On Tuesday, February 14, you can **double** your gift by supporting Lakes Crisis & Resource Center. On GIVING HEART'S DAY, February 14, the Dakota Medical Foundation will **MATCH** any online tax deductible gift over \$10.00 donated to LCRC.

To make a secure online contribution to Lakes Crisis &

Resource Center and have it matched, simply go to <u>www.impactgiveback.org</u> on February 14 and click "donate now".

Many of you know that our new shelter "Mary's Place" is not funded by state or federal funds at this time. Your continued support will make a huge difference in many women and children's lives who are residents of this critically needed service in our community. We are so grateful for your continued support.



Jan Logan

2012, 1ST QUARTER

Legal Services

Hello! My name is Heidi Hovis and I'm an attorney with Lakes Crisis and Resource Center. Before law, I worked as a social worker. I'm very excited to join the Lakes Crisis and Resource Center team in providing effective advocacy to those seeking refuge from domestic violence.

Working together with the Lakes advocates, I provide

free legal services to victims of domestic violence. Our services are made possible by the Legal Assistance for Victims Grant from the Office on Violence Against Women in the US Dept. of Justice.

Legal services include help with Orders for Protection, Harassment Restraining Orders, Custody/Visitation matters, Child Support, and Divorce. If you need legal help, please call your advocate at (218) 847-7446.



Heidi Hovis

April Awareness - Sexual Assault & Child Abuse

April brings an annual opportunity to focus on Sexual Assault & Child Abuse and its prevention. SA Awareness Month brings programs together to make a loud and unified statement throughout MN that the current status of women and children in our society is no longer acceptable.

Child abuse prevention and family strengthening activities

and events will be happening throughout the community in April. LCRC will once again coordinate, "Springfest", a festival to celebrate children and families. Resources and family activities will be available, and the K.A.R.E. (kids are the responsibility of everyone) will once again be providing blue awareness pins for you to wear to show your support. When we help children do better today, we all do better tomorrow. It takes **all of us** to create strong communities that support strong families and nurture strong children.



Wish List

Our Positive Connections Parenting Time Center has added some items to the wish list. PC is requesting kitchen/dining/ living room size rugs, storage bins/baskets/totes for organizing the closets in the visitation rooms, cookie sheets and cooling racks so our families can cook together. We also want to add a gaming system (i.e. XBOX Kinnect, Wii, PS3) to our center to encourage activity during a family's visit.

Any new or gently used items would be greatly appreciated.

Volunteers

We need volunteers to work with our children. We would like to seek the help of volunteers to provide child care during our evening groups, spend time with children after school and to transport children to and from school in communities outside of Detroit Lakes.

Volunteer drivers are also needed on evenings/ weekends for urgent care/medical needs.

We also need foster homes for pets for families who stay in our shelter. Please call 218-847-8572 if you would like to volunteer. Thank you!

LAKES CRISIS & RESOURCE CENTER

P.O. Box 394 Detroit Lakes, MN 56502

Phone: 218-847-8572 E-mail: lcrcdl@lakescrisis.com www.lakescrisis.com

Our mission is to provide safety, healing and hope through advocacy, intervention and education.

New Logos

We want to introduce our new logos which promote the colors of safety and healing . It was time to bring a new look to our agency, one that replicates the services that we provide to our clients.

Flint Communications, Fargo, ND, provided the time required to create images that represent our agency.











The old logo is now retired and will eventually fade out from all our publications.

It was a great run!