

*4th Annual*  
**Lakes Area Auction**  
**Thursday, August 10th, 2017**

***An Auction Benefitting Lakes Crisis & Resource Center***

*Items requested for the 4th Annual Lakes Area Auction.*

**Thursday, August 10th, 2017 at 4 pm in the Kent Freeman Arena**

Please mark your calendar and plan to join us on August 10th for our 4th Annual Lakes Area Auction! We are looking forward to another successful event this year!

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**“Fostering safety, hope, and healing through advocacy, intervention, and education.”**



**In The *Know***

***Teen Dating Violence***

Recent research shows that violence in early dating experiences can contribute to “a cycle of interpersonal violence through adulthood.”

A study cited in the Journal of Adolescent Health analyzed

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**A Word From *LCRC***

***Spotlight on Staff***

*Each quarter we will highlight an LCRC Staff Member. This quarter, get to know Kayla Keena.*

**What is your title at LCRC?** Director of Positive Connections, our parenting time center.

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**Donate online**



Stay connected to LCRC and learn about events and how you can help make a difference.  
<https://www.facebook.com/lakescrisis>



**Find us on  
Facebook**

# Making a *Difference* Continued...

We are currently seeking donations of the following new or gently used items:

- |                  |                        |                   |                            |                            |
|------------------|------------------------|-------------------|----------------------------|----------------------------|
| <b>Furniture</b> | <b>Tableware</b>       | <b>Home Décor</b> | <b>Antiques</b>            | <b>Cars</b>                |
| <b>Trucks</b>    | <b>New electronics</b> | <b>Boats</b>      | <b>Lawn care equipment</b> | <b>Outdoor furnishings</b> |

This will be an excellent opportunity to find affordable furnishings for a college student or one looking to outfit their apartment or cabin. In addition, you would be supporting the Lakes Crisis & Resource Center and the clients we serve.

Donations are tax deductible and can be brought LCRC during regular business hours 8:30 am – 4:30 pm Monday through Friday. If you need alternative arrangements or transportation assistance, please call our office.

If you are unable to contribute to the auction or attend the event, but would like to support us, call **218-847-8572** and ask for **Anna** or **Lisa**. See you on August 10th!



Thank you to all of our generous community members and businesses who continually support our events throughout the year. Our Annual Banquet was held on March 31st at the Holmes Theatre Ballroom with catering provided by **Central Market**, and desserts made by **Tally Miosek**. A special thanks to all who attended and celebrated successes with us, and also to those who sponsored tables: **Scott and Nancy Erickson, Leighton Broadcasting, Cheryl Olson and John Lofberg, Leo and Kari Ness, Sheldon and Ruth Tang, BTD, Foltz Trucking, Lakeshirts, Mark Berg, Sam Gulon, Sellin Brothers, Inc., Tammy Merkins, Arvig, Bremer Bank, Dental Health Associates, Essentia Health, KLN Family Brands, Marco, Midwest Bank, Nereson Automotive, Noah's Home Furnishings, Sanford Health, Shooting Star Casino, SJE - Rhombus, and Tinjum Appraisal Co.** In addition, we are grateful to those who contributed monetary donations towards facilitating our event: **American National Bank, Steve and Mary Babb, Bekkerus Schott Helmeke, Bell Bank, Benson Leitheiser & Soberg, CBI, DeConcini Johnson Ltd., Forum Printing Employees, Kenneth and Kim Nelson, Perham Office Supply, and Pro Resources.** Because of you and all who attended, we had an amazing evening sharing the philanthropic spirit and supporting our programs and community. Our Annual Banquet continues to be our largest fundraising event of the year – thanks to you and your ongoing support! Check out our blog to see a complete listing of the businesses and individuals who donated silent and live auction items: <http://blog.lakescrisis.com>



## In The *Know*

*Continued...*

data from a nationally representative sample of U.S. high school and middle school students, ages 12 to 17, who were followed into adulthood five and twelve years later. Compared to people who did not experience victimization during adolescence, those who experienced teen dating violence were more likely to report physical intimate-partner violence in later years.

Published in the *Journal of Adolescent Health*, the study, which controlled for a variety of risk factors, demonstrates that adolescent dating violence (ADV) "is uniquely implicated in a cycle of interpersonal violence from adolescence to adulthood, even when differences between victims and non-victims are carefully accounted for".

That finding underscores the "critical need to intervene with adolescents experiencing dating violence, to prevent this cycle from beginning. It also adds to the literature demonstrating the key importance of adolescent romantic relationships in shaping youth development." Previous research has indicated that about 10% of adolescents report experiencing physical dating violence, while others experience threats, name-calling, or other forms of abuse. In the study sample, the prevalence of intimate-partner violence for ADV victims was 29% at five-year follow-up, and 17.5% at twelve-year follow-up. We need to find ways to support adolescent victims of dating violence and provide effective wrap-around services that address the risks these adolescents may experience.

### **Bottom Line for Mentors and Mentoring Organizations**

As the research above indicates, the experience of dating violence during the teen years is associated with recurring interpersonal violence years later. Early detection and support could be a crucial component to short-circuiting this cycle.

Mentors and mentoring programs may be in a position to identify potential dating violence issues even before parents or friends, given their trusted status with the mentee. As such, they can serve as an additional layer of protection for dating youth. This relationship can also provide an opportunity to discuss healthy dating behaviors and habits, helping adolescents set expectations around romantic relationships at a time when emotional, behavioral, and physical changes can be sources of confusion. Mentors can not only provide protection in the near term, but also can reduce the likelihood of experienced interpersonal violence later in life.

Our **Kinship program** offers the opportunity to create this this type of relationship. A small investment of time and energy creating a mentoring relationship could be the critical component in preventing unhealthy and even violent relationships from developing or resulting in trauma. If you are a good listener, a friend, and a responsive adult; you have the qualifications to make a huge difference in the life of a young person in our community. Please consider doing so. Contact us for more information at 218.847.8572 or [kinship@lakescrisis.com](mailto:kinship@lakescrisis.com).

## A Word From *LCRC*

*Continued...*



**What does that entail?** I manage the clients and their files, answer calls, complete visitation schedules and invoices, and oversee seven facilitators.

**How long have you been with LCRC?** Six years. I've worked between shelter, visitation, admin, and parent coaching. Fall 2015 I took my current position.

**What is the most rewarding part of your job?** Making a difference - whether it's teaching a parent something new, or if we've helped a child feel safe. "Thank you" goes a long way for us. Occasionally we'll get a nice card/note from a family and we cherish it, knowing we helped!

**What is the most challenging part of your job?** Monthly schedules! It's a giant puzzle fitting 60+ families in when you have to consider the availability and requests of everyone involved. The challenge with clients is trauma; we can all see and feel the sadness and just want to be able to help everyone.

**What is your background?** Detroit Lakes High School graduate and then University of MN, Morris graduate with a Human Services degree.

**What is your dream vacation?** Alaska is on my bucket list.

**What is your favorite food?** I'm going to be a true Minnesotan and say hotdish! My favorites are my mom's tator tot hotdish and my grandma's goulash.

**Who is the most influential person(s) in your life?** My parents. My mom is my best friend; she always provides unconditional love and support! I don't mind one bit that I'm exactly like her. My dad has consistently been a dependable male figure in my life with sound advice. He taught me to work for what I want, to be independent and resilient, and know my worth. I am beyond grateful for how well-rounded I've been raised.

**What brought you to LCRC?** I learned about LCRC in high school during "exploratory day" and was interested in social work so in college I interned here. I viewed the work as life-saving and was determined to get involved. The new facility was built and they were hiring when I was fresh out of college so I was lucky to snag a position!

**What is your favorite movie?** Free Willy

**Do you have a favorite childhood memory?** Trips to the cabin where I learned to hunt, fish, and drive ATVs. I was constantly surrounded by family and friends. The best stories are from that cabin and we all tell them on repeat!

## Lakes Area *Kinship*



If you would like to share your wisdom and yourself with a child in need or would like more information on **Kinship**, please contact Ashlie by calling 218-847-8572.



## UP COMING EVENTS

### **August 10<sup>th</sup>**

The 4<sup>th</sup> Annual Lakes Area Auction at the Kent Freeman Arena. Donations of furniture, new and gently used electronics, sporting goods, and antiques are currently being accepted to help us raise money to support our programs and services.

### **Multiple Dates: Break the Silence Tours**

We are excited to launch our new monthly scheduled tour! This free, one hour tour of LCRC will inform participants about violence in our community and will demonstrate the work we do to foster safety, hope, and healing. While violence is a difficult topic to confront, attendees may be surprised to learn of the programs we offer under one roof to support and educate our community in an effort to prevent violence, break the silence and ultimately...break the cycle of violence in our community.

Select a date and R.S.V.P to Lisa at **218-847-8572** or [lisal@lakescrisis.com](mailto:lisal@lakescrisis.com). Tour dates are listed below. Please join us for a closer look. Space is limited, so sign up early!

| 11am—Noon Tours  | 8am—9am Tour  |
|--|---------------|
| July 18<br>August 15<br>September 12<br>October 10<br>November 7<br>December 5 | September 26  |
|  | 5pm—6 pm Tour |
|  | October 19    |