

PO Box 394 Detroit Lakes, MN 56502

218.847.8572 lcrcdl@lakescrisis.com www.lakescrisis.com







Save the Date for LCRC's 32nd Annual Banquet & Auction, Friday, April 26th at the Historic Holmes Theatre! Tickets are now available!

Sexual Assault Awareness, **Child Abuse Prevention Month**



CHILD ABUSE and Segual Assault PREVENTION MONTH wareness Month

April is Sexual Assault Awareness Month and Child Abuse Prevention Month. This is a time to raise public awareness about sexual violence and child abuse, and to educate communities on how to prevent it. This year our focus will be on raising awareness of childhood sexual abuse.

Sexual abuse of children happens more than most people are aware and victims often struggle with the impact of the abuse for the rest of their lives. Approximately one out of three girls and one out of five boys have been victims before they turn 18.

66 Fostering safety, hope, and healing through advocacy, intervention, and education."

In this edition:



32nd Annual Banquet Friday, April 26, 2024

Donate online



Sexual Assault Awareness. Child Abuse **Prevention Month**





The Advocate 1st Trimester 2024

Check out our website: www.lakescrisis.com

Mental Health

As you may know, we offer mental health counseling services at LCRC

Grace Livermore is a Licensed Graduate Social Worker and our new Mental Health Therapist.

Therapy is something we can all benefit from.

WHO ATTENDS THERAPY?



Someone trying to Someone suffering learn more about themselves



more meaningful relationships



from symptoms of mental health



Someone who needs someone to listen





Someone who needs to process major life events

32nd Annual Banquet

Continued...

Expect tantalizing food, fun, and socializing with other community-minded, philanthropic individuals like yourself. We have some excellent items for auction this year! You could go home with a tropical vacation at a luxury resort, fabulous dining opportunities, or experiences to enjoy with family and friends. In addition, our silent auction lineup has items to suit every style and budget. Don't forget to bring cash to participate in the games or get drinks from the bar!

By attending, you'll be supporting Lakes Crisis & Resource Center and the programs and services it provides to our community 365 days a year. It's also a chance to get together and socialize with those who share in your generous spirit.

Get your friends and family together and join us on Friday, April 26th! Tickets are \$60 or you can enjoy reserved seating by sponsoring a table of four for \$400, a table of eight for \$600, or a table of eight with two bottles of premium wine for \$800. The silent auction and social hour begin at 5:30 pm followed by dinner and the live auction.

Tickets can be purchased by stopping by our office or calling us at 218-847-8572. You can also scan the QR Code to purchase tickets online.

We look forward to seeing you!

32nd Annual Banquet & Auction

Lakes Crisis & Resource Center

Holmes Theatre Ballroom April 26, 2024 5:30 pm TICKETS

218-847-8572





Sexual Assault Awareness, Child Abuse **Prevention Month** Continued...

In the last year, LCRC advocates worked with 29 sexual assault victims between the ages of 0-12 and 25 victims between the ages of 13-17.

Sexual abuse can include inappropriate touching, showing or asking to look at private parts, viewing pornography, sexually inappropriate jokes, rape, or coercing the victim into trafficking or prostitution. Shockingly, approximately 93% of child victims already know their abuser. Abusers can be older siblings, family members, friends, teachers, coaches, babysitters, or church leaders. We often teach kids about "stranger danger", while failing to teach kids how to keep themselves safe from people they already know. Abusers often manipulate their victims to stay quiet. An abuser will use their position of power over the victim to coerce or intimidate the child. They might tell the child that the activity is normal or that they enjoyed it. An abuser may make threats if the child refuses to participate or plans to tell another adult. Child sexual abuse is not only a physical violation; it is a violation of trust and authority. This can lead to the abuse going unreported for months or sometimes years.

Here at LCRC, we work daily to bring awareness to this problem by educating children through age-appropriate support groups and providing advocacy and follow-up care for victims. By attending our events or supporting us, you make this work possible.

For more information about childhood sexual abuse including warning signs and prevention materials, scan these QR codes:



Reflections of Hope

\$60

Sexual Assault Awareness Month -**Keeping Children Safe**



Ways to Teach Kids about Consent and **Healthy Boundaries**

Mental Health



Mental Health Professional Grace Livermore

Continued..

We have immediate openings for therapy appointments for adults and kids, ages 10 and up!

If you would like to see if the Lakes Crisis and Resource Center would be a good fit for you or would like to schedule an intake with Grace, please contact us!

Direct Line: 218-844-0844,

Email: gracel@lakescrisis.com

Lakes Crisis and Resource Center 24/7 Line: 218-847-7446



(Donated by General Equipment)

Nintendo Switch (Anonymous Donor)

Kate Spade Jewelry Set / Purse (Donated by Jennifer Knutson)

Wow! That's all we can say about this year's Giving Hearts Day! Not only did we meet our fundraising goal for the day, but we exceeded it. Words cannot express how grateful we are for our generous community members and the local businesses that support us. Without you, we would not be here. THANK YOU for sharing your giving hearts with us!



LCRC Staff