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# Women's ONE-Hundred

Lakes Crisis & Resource Center Women's ONE-Hundred



Each year a group of 100 philanthropic women gather to turn their individual \$100 donation into something epic. As Women's One-Hundred enters its ninth year, we look back with gratitude and pride at how this group has grown and become one of the most impactful fundraisers at LCRC. When women join forces for a common goal, incredible things happen!

Through W-100, we have raised nearly \$80,000 for special projects that directly impact the lives of the clients we serve.

66 Fostering safety, hope, and healing through advocacy, intervention, and education."

### In this edition:



Break the Silence Memorial Display October 1-13, 2024





Luncheon September 18, 2024

Check out our website:

www.lakescrisis.com



**Domestic Violence Stats** 



**The Advocate** 2<sup>ns</sup> Trimester 2024

2nd Annual Break the Silence Memorial Display will be October 1-13, 2024 in the Detroit Lakes City Park.

# **Domestic Violence Stats**



# Break the Silence Memorial

Continued...

October is Domestic Violence Awareness Month. To honor survivors and victims of violence, a memorial display will be held at the Detroit Lakes City Park during the first two weeks of October. Life-size silhouettes will line the sidewalks, each one representing a domestic violence related homicide in Minnesota from September 2023 to August 2024. Twenty-five victims will be remembered during our 2nd Annual Break the Silence Memorial, including a nine-year-old boy who died while protecting his mom from an abuser, and three police officers who were killed in the line of duty when answering a domestic violence call. You are invited to this solemn, yet impactful, memorial to join our community in taking strides to "Break the Silence" regarding domestic violence.

If you missed our memorial event last year, read about each victim on our website at **www.lakescrisis.com/ display**.



#### Women's ONE Hundred





Available for viewing October 1-13, 2024 Detroit Lakes City Park

1355 Washington Ave.

Break the Silence Memorial Display is a visual representation of Minnesota's victims of intimate partner homicide. Each silhouette represents someone's child, parent, sibling, husband, wife, partner, friend, neighbor, or co-worker. Come to Detroit Lakes City Park to learn about, remember, and honor each victim.



Thanks to the 2023 W-100 project, we were able to purchase new curriculum for our groups in local schools. These groups allow us to implement lessons regarding healthy relationships, sexual assault, teen dating violence, and human trafficking.

We invite you to become ONE of ONE-Hundred women who will make a difference in 2024 for LCRC! By standing together as ONE for this common mission, you join a dedicated group of women that make a significant impact in the lives of those in need.



W100 Luncheon Picture taken September 2023

Join us now to secure your invitation to the annual Women's One Hundred Luncheon being held on September 18th. You do not want to miss this opportunity to mingle with other amazing W-100 members as we unveil the special project that will be funded in 2024.

For more information or to join W-100, check out our website or call Stephanie at 218-847-8572. We look forward to being ONE with you!

www.lakescrisis.com/w100

### **Spotlight on Summer Interns**

Abby is a Detroit Lakes High School graduate and completed her first year at UND where she is majoring in Psychology. Abby also competes on the University of North Dakota track and field team. Her experience at LCRC has taught her how important it is to have support and resources for people in need.

Anne is from Valley City, North Dakota, and grew up spending her summers around the lakes area. Anne is about to start her 4th year studying psychology and family therapy at the University of Minnesota. Her biggest take away from interning has been the value of providing someone empathy and empowerment during a time of need.

Greta is from Pelican Rapids and enjoys spending time with friends and family at the lake. She attends Concordia College in Moorhead where she is double majoring in Biology and Psychology. Greta says interning at LCRC has been amazing and she has loved being a part of the team. "It has been fulfilling to see the impact LCRC has on clients. I have witnessed numerous people so appreciative and thankful for listening to their story."

# **Volunteer Shout-Outs**

#### Wake the World

Every summer Jamie and Dave Swenson organize what our kids say is the "best day ever!" Wake the World MN/ND is a non-profit that provides kids, who otherwise wouldn't have the opportunity, a day on the lake wakeboarding, surfing, tubing, and swimming. We continue to be amazed at the volunteers, sponsors, and the number of boats that show up to make this event a success year after year. Thank you to all involved!



2024 Swim Camp Detroit Lakes, MN

### **Upcoming Events!**









Abby Summer Intern

Anne Summer Intern

Greta Summer Intern



2024 Wake the World Pelican Lake, MN

#### Swim Camp

Every summer, Judi and Jim Herk's grandkids spend time in Detroit Lakes with their families. While here they never fail to remember us at LCRC. This year their granddaughter, Judi Jo Lee, organized and held Swim Camp for some of our local kids. For three weeks, kids got to spend time at the lake learning how to swim, going on the boat and tubing, fishing, doing arts & crafts, and going on field trips. As one attendee said, "I didn't know camp was going to be THIS fun!" We are so grateful to Judi and her family for showing up for our kids and providing them with a summer to remember!

